

Winter menu – Week 1	Breakfast	Morning snack	Dinner	Pudding	Afternoon snack	Tea	Pudding
<b>Monday</b>	Selection of cereals	Milk Selection of fruit	Chicken chow mein  V: Vegetable chow mein	Chocolate brownie	Milk Selection of fruit	Sandwiches with ham or cream cheese with salad sticks  V: Halal/ Quorn alternative	Fresh fruit yoghurt
<b>Tuesday</b>	Porridge with honey	Milk Selection of fruit	Pork and apple casserole served with mashed potato and seasonal vegetables  V: Halal/Quorn alternative	Cheese and biscuits with sliced apple	Milk Selection of fruit	Topped English muffins	Fruit jelly
<b>Wednesday</b>	Selection of cereals	Milk Selection of fruit	Chicken paella  V: Halal/Quorn alternative	Eton mess	Milk Selection of fruit	Beans of toast	Apple and cinnamon muffin
<b>Thursday</b>	Toasted bagel with jam or marmite	Milk Selection of fruit	Turkey roast dinner  V: Halal/ Quorn or roasted veg	Banana custard	Milk Selection of fruit	Winter vegetable soup with a roll selection	Fruit mousse
<b>Friday</b>	Selection of cereals	Milk Selection of fruit	Tuna pasta bake  V: Vegetable pasta bake	Chocolate crunch and pink custard	Milk Selection of fruit	Filled croissants	Natural yoghurt and seasonal fruit

Winter menu – Week 2	Breakfast	Morning snack	Dinner	Pudding	Afternoon snack	Tea	Pudding
<b>Monday</b>	Selection of cereals	Milk Selection of fruit	Macaroni and butternut squash with vegetable crumb	Spiced apple crumble	Milk Selection of fruit	Sandwiches with ham or cream cheese with salad sticks  V: Halal/ Quorn alternative	Winter fruit salad
<b>Tuesday</b>	Selection of cereals	Milk Selection of fruit	Chilli with rice  V: Quorn alternative	Mandarin cheesecake	Milk Selection of fruit	Topped English muffins	Fresh fruit and jelly salad
<b>Wednesday</b>	Toast with butter or sugar free jam	Milk Selection of fruit	Cottage Pie  V: Halal/ Quorn alternative	Rice pudding	Milk Selection of fruit	Beans on toast	Lemon fork biscuits
<b>Thursday</b>	Natural yoghurt with banana	Milk Selection of fruit	Gammon roast dinner V: Halal/ Quorn alternative	Lemon and lime yoghurt	Milk Selection of fruit	Cream of tomato soup	Cherry scone
<b>Friday</b>	Selection of cereals	Milk Selection of fruit	Cod in a herby tomato sauce with vegetables V: Vegetable fingers	Blondie slices	Milk Selection of fruit	Filled croissants  V: Halal/ Quorn alternative	Orange mousse

Winter menu – Week 3	Breakfast	Morning snack	Dinner	Pudding	Afternoon snack	Tea	Pudding
<b>Monday</b>	Selection of cereals	Milk Selection of fruit	Fish pie with winter vegetables  V: Quorn alternative	Fruit salad	Milk Selection of fruit	Beans on toast  V: Quorn alternative	Lemon drizzle
<b>Tuesday</b>	Toast with butter or sugar free jam	Milk Selection of fruit	Tomato and lentil curry with rice	Bread and butter pudding and custard	Milk Selection of fruit	Topped English Muffins	Mandarin jelly
<b>Wednesday</b>	Selection of cereals	Milk Selection of fruit	Sausage, mash, peas and gravy  V: Quorn sausages	Cheesecake	Milk Selection of fruit	Carrot and coriander soup	Dorset apple cake
<b>Thursday</b>	Selection of cereals	Milk Selection of fruit	Chicken roast dinner  V: Halal/ Quorn alternative	Blueberries and Greek yoghurt	Milk Selection of fruit	Selection of sandwiches V: Quorn alternative	Chocolate and orange tray bake
<b>Friday</b>	Bagel with marmite or jam	Milk Selection of fruit	Beef Bolognese with pasta V: Halal/ Quorn alternative	Chocolate crunch and pink custard	Milk Selection of fruit	Filled croissants	Banana mousse